

➤ **PROFESSIONAL PRESENTATIONS:**

Dr. Moser enjoys the opportunity to lecture on a variety of topics in developmental and pediatric psychology. Topics from recent presentations include:

- *Psychology Services in Pediatric Gastroenterology*
- *Cognitive-Behavioral Therapy Techniques in Pediatric Populations*
- *Assessing Adolescent Attachment Hierarchies*

Natalie Moser, Ph.D. is a licensed clinical psychologist, who specializes in the areas of child and family psychological treatment and evaluation. She received her doctorate and masters degrees in clinical psychology from the University of Delaware. She completed an accredited predoctoral internship in child clinical and pediatric psychology at the Alfred I. duPont Hospital for Children in Wilmington, Delaware and an accredited postdoctoral fellowship in child clinical and pediatric psychology through Brown University and the Hasbro Children's Hospital in Providence, Rhode Island.

Dr. Moser is an adjunct faculty member in the Psychology Department at Michigan State University, where she teaches undergraduate courses and supervises doctoral-level graduate students. She maintains an active interest in the latest research in the field of child clinical and pediatric psychology.

Natalie L. Moser, Ph.D.

Licensed Clinical Psychologist

**CHILD, ADOLESCENT, & FAMILY
PSYCHOLOGICAL SERVICES:**

PSYCHOTHERAPY

CONSULTATION

DIAGNOSTIC EVALUATION

PSYCHOEDUCATIONAL EVALUATION



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HUFFMAN PSYCHOLOGY

Dr. Natalie Moser is a licensed clinical psychologist, providing psychological services to children, adolescents, and families of the Mid-Michigan area. These services include psychotherapy, consultation, and evaluations for a wide-range of presenting problems.

➤ **PSYCHOTHERAPY:**

Children are referred to psychotherapy for a variety of reasons, and there are many therapeutic approaches available to treat them. Psychotherapy with Dr. Moser begins with an assessment of the problem and proceeds with the development of mutually agreed upon goals for therapy. While tailoring treatment to each child or family, Dr. Moser provides evidence-based individual and family therapy to children and adolescents using cognitive-behavioral and family-systems therapy approaches.

The Assessment

The first appointment with Dr. Moser will involve a comprehensive assessment. Typically, this will entail a clinical interview with the parents and child, a series of paper-and-pencil questionnaires, and observation. With permission, Dr. Moser will also contact educational personnel and any other health care providers involved with the child's care to more fully understand the scope of the child's problems, as well as his or her strengths.

Therapeutic Goals

After discussing the results of the assessment, Dr. Moser will work with the family to create time-limited goals designed to target specific behavioral and emotional symptoms. In order for therapy to be most effective and cater towards each individual's needs, progress towards these goals will be continually assessed and discussed over the course of treatment.

Cognitive-Behavioral Therapy

Cognitive-behavioral therapy is a set of psychological treatment techniques that view the child or adolescent as an active participant in his or her own therapy experience. The cognitive-behavioral approach is present-focused and views psychological problems as the interaction between an individual's thoughts, feelings, and behaviors.

Family Systems Therapy

Family Systems Therapy views the child or adolescent in the context of his or her family, and as such, views the family as influential in the child's success. A Family Systems approach encourages participation from multiple family members and focuses on ways to integrate the family into any changes the child is making in therapy.

Age Ranges

Dr. Moser works with children and adolescents ranging in age from 3 to 18 years old.

Areas Treated

Dr. Moser treats children and adolescents with a wide-range of presenting problems, including:

- *Adjustment Difficulties*
- *Anxiety*
- *Attention and Concentration Problems*
- *Autism-Spectrum Disorders*
- *Behavioral Non-compliance*
- *Coping with Medical Conditions*
- *Depression/Mood variability*
- *Feeding and/or Toileting Concerns*
- *Obsessive-Compulsive Disorder*
- *Pain (e.g., headaches/abdominal pain)*
- *Trauma*
- *Other Psychological Conditions*

➤ **CONSULTATION:**

Dr. Moser is available to consult with other health care providers and schools, as well as attend meetings on behalf of children, adolescents, and families.

➤ **EVALUATIONS: DIAGNOSTIC & PSYCHOEDUCATIONAL:**

Dr. Moser performs evaluations designed to clarify diagnoses for complex psychological symptoms and to help in decision making regarding appropriate school placement or interventions needed to maximize success in learning. These evaluations are typically conducted over the course of a day, involve paper-and-pencil questionnaires and other tasks, and yield a written report with testing results and recommendations.